Dear Member,

Happy New Year!

We are excited to begin 2020 with a focus on the rich and diverse lives of your residents! For many of us who work in senior services and supports, our passion lies in the interactions with those we support and care for on a daily basis. So this year’s member calendar, Through My Eyes, introduces us to some of their earlier lives and passions – before we met.

“Memories are the architecture of our identity.”
-Brian Solis, Author & Speaker

Here at LeadingAge PA, we love hearing the stories of our members and your residents! We can all find inspiration in staying connected to a lifelong passion that continues to color one’s identity. Whether it is the volunteer firefighter with 73 years of service or the Battle of the Bulge veteran - who is the oldest living NBA alumni, Through My Eyes offers a glimpse into the individual stories that collectively weave together the vibrant communities of our members.

As we advocate to improve the lives of older adults, it is important to share these narratives to give a face to aging services in Pennsylvania. May we find time in each new month to ask our residents and colleagues, “Who do you see when you look in the mirror?”

Sincerely,

Adam Marles
President & CEO
Providence Point, a Baptist Homes community – Georgia Meyerson, a concert pianist, and her husband, Dick, have fun using props from the selfie station on Resident Appreciation Day to express the vibrant lives they still see when they look in the mirror.

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Year’s Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td>1</td>
</tr>
</tbody>
</table>

- **January 2020**
- **Activities:**
  - Martin Luther King, Jr. Day
  - International Holocaust Victims Remembrance Day
  - New Year’s Day
  - Activity Professionals Week
  - Chinese New Year

LeadingAgePA
Tel Hai Retirement Community – Born in Frankfurt, Germany in 1916, Ursula Stewart enjoys reminiscing as she looks through a century of cherished keepsakes. After coming to the U.S. as a foreign exchange student, she enrolled in Drexel University where she met the love of her life, Ed. Together they raised three daughters whom she credits as being her “fountain of youth” and keeping her young! Photo credit: Jeremy Hess, The Premise Studio

February 2020

Groundhog Day

Valentine’s Day

Presidents’ Day
Random Acts of Kindness Day

Maha Shivaratri
National Caregivers Day

Shrove Tuesday
Ash Wednesday

Leap Day
Wesley Village Campus, a United Methodist Homes community – Nancy Boyer continues to share her gift of music as leader of the campus vocal group, The Elderberries, and the resident ukulele group, The Ukuladies. Not only is she an accomplished musician and former teacher, but Boyer also taught music and all other subjects to students in grades K-12 – in a single-room schoolhouse!

“On my honor, I will try to serve God and my country, to help people at all times, and to live by the Girl Scout Law.”
– Girl Scout Promise
Springhill Senior Living, an Asbury community – Resident John Kriz’s love for fly fishing began around age six when his dad tied a fly – instead of a worm – on John’s fishing line. After quickly catching a nice trout, John was “hooked!”

“I don’t know what I learned to do first: walk or fish.”
Masonic Village at Elizabethtown – Stanley “Whitey” Von Nieda, currently the oldest living NBA alumni, carries on his love for basketball. A World War II veteran who participated in the Battle of the Bulge before playing for the NBA’s Blackhawks, Von Nieda also played basketball with paratroopers in Fort Benning, Georgia. He later coached at Elizabethtown College and for the Lancaster Red Roses.

May 2020

- Cinco de Mayo
- National Nurses Day
- National Day of Prayer
- Armed Forces Day
- National Skilled Nursing Care Week
- National Senior Health & Fitness Day

*begins at sundown the day before
June 2020

Rydal Park, a Presby’s Inspired Life community – Joan Cramp enjoys hanging out at the playground with her granddaughter, Delaney Cramp.
The Lutheran Home at Hollidaysburg, an Allegheny Lutheran Social Ministries community – Cambria County native, Francis “Stooge” Adams, began his volunteer firefighting service at 14 when, on his way to school, he observed the local fire company fighting a church structure fire. The firefighters instructed him to grab a hose and from that day on, he has been part of the unit. Now a life member of the Cresson Fire Company, Adams has devoted 73 years to serving as a firefighter and with the fire police.

**St. Anne’s Retirement Community** – Residents fondly recall childhood memories of riding bikes through their hometown parades. The thrill and excitement of participating in a parade is still the same! Pictured are (l – r): Residents Kenneth Trauger, Marilyn Trauger, Elizabeth Duffy, Mary Robertson, Janet Schuka, Betty Shirk, and William Stewart with Activities Director, Hope Long.
RiverWoods Senior Living Community, an Albright Care Services community – DuFrane Reed, better known as Duey, enjoys playing cards with friends. He learned to play poker as a child, so playing brings back fond memories of family and friends. (Inset) Providence Point, a Baptist Homes community – Men regale stories of their past poker feats and welcome new members during their monthly poker club meetings.
Frederick Living – Hannah Carlson volunteered her time in the local community for 37 years after retiring. At one point, she was sending up to 300 letters and cards a month to older adults who were unable to leave their homes. Pictured here, she enjoys drawing and painting birds during the weekly art class on campus.

“Painting was always important to me. Now it releases memories.”

Phoebe Richland Health Care Center, a Phoebe Ministries community – Sixty years ago when Gertrude MacDonald met her husband, she painted a portrait of him. Although MacDonald is no longer able to paint using her hands, she now creates her pieces using a special brush fitted for her mouth.
Normandie Ridge Senior Living Community, an Albright Care Services community – Phyllis Mummert loves knitting! She was delighted to have the opportunity to look at some handmade, knitted blankets with Addyson Lands and Sophia Dieter.

Paul’s Run, a Liberty Lutheran community - Old friendships are rekindled and new friendships are made as friends, family, and neighbors gather to visit and reminisce in the Grand Lobby.
**November 2020**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Election Day</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Veterans Day</td>
<td>World Kindness Day</td>
<td></td>
<td>Diwali</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td></td>
<td>LeadingAge Annual Meeting + EXPO</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Home Care Aide Week</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Thanksgiving Day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Wesbury United Methodist Community – Dancer Mary Ann Allen and soldier John Kerr reflect on their extraordinary lives. They see the resilience of their youthful spirits, portrayed by staff members Lily Testi and Jordan Powell, and recognize the importance of staying connected to your passion, regardless of age. Photo credit: Danielle Adkins and Melissa Swartwood. Staff credit: Hazel Baron, Cindy Barretta, Amy Kenny.
Rydal Park, a Presby’s Inspired Life community – Gerry King, Barbara Heiman and Shirley Smith-Lewis delight in sharing drinks with friends in the Club Room.
Special Events and Observances in 2020 for LeadingAge PA Members

January
January 19 - 25: Activity Professionals Week

February
National Senior Independence Month
February 17 – Random Acts of Kindness Day
February 21 – National Caregivers Day

March
Social Work Month
March 6 – Employee Appreciation Day
March 9 – March 13: Long Term Care Administrators’ Week
March 17 – World Social Work Day
March 19 – Certified Nurses Day

April
April 16 – National Healthcare Decisions Day
April 19 – April 25: LeadingAge Careers in Aging Week
April 20 – April 22: LeadingAge Leadership Summit
April 22 – Administrative Professionals Day

May
Older Americans Month
Military Appreciation Month
May 6 – National Nurses Day
May 6 – May 12: National Nurses Week
May 10 – May 16: National Skilled Nursing Care Week
May 27 – National Senior Health & Fitness Day

June
Alzheimer’s & Brain Awareness Month
June 14 – June 16: LeadingAge Collaborative Care & Health IT Innovations Summit
June 16 – LeadingAge PA Pre-Conference Event
June 17 – June 19: LeadingAge PA Annual Conference + EXPO
June 18 – Career Nursing Assistant Day
June 18 – June 24: National Nursing Assistant Week
June 20 – The Longest Day*

July
July 23 – Gorgeous Grandma Day

August
National Wellness Month
August 21 – National Senior Citizens Day

September
Healthy Aging Month
September 5 – International Day of Charity
September 13 – September 19: National Assisted Living Services Week
September 13 – Grandparents Day
September 20 – September 26: National Adult Day Services Week

October
Residents’ Rights Month
October 1 – International Day of Older Persons
October 5 – October 11: Active Aging Week
October 10 – World Hospice & Palliative Care Day
October 10 – World Mental Health Day
October 16 – Boss’s Day
October 24 – Make a Difference Day
October 25 – October 31: Spiritual Care / Pastoral Care Week

November
National Home Care & Hospice Month
National Hospice & Palliative Care Month
November 4 – November 7: LeadingAge Annual Meeting + EXPO
November 8 – November 14: Home Care Aide Week
November 13 – World Kindness Day

December
December 1 – Giving Tuesday
December 3 – International Day of Persons with Disabilities
December 5 – International Volunteer Day

Other Holidays and Observances

January
January 1 – New Year’s Day
January 20 – Martin Luther King, Jr. Day
January 25 – Chinese New Year
January 27 – International Holocaust Victims Remembrance Day

February
February 2 – Groundhog Day
February 14 – Valentine’s Day
February 17 – Presidents’ Day
February 21 – Maha Shivratri
February 25 – Shrove Tuesday
February 26 – Ash Wednesday
February 29 – Leap Year

March
March 8 – Daylight Saving Time Begins
March 9 – Holi
March 10 – Purim*
March 17 – St. Patrick’s Day
March 19 – First Day of Spring
March 25 – National Medal of Honor Day
March 29 – National Vietnam War Veterans Day

April
April 1 – April Fool’s Day
April 5 – Palm Sunday
April 9 – Maundy Thursday
April 9 – Passover*
April 10 – Good Friday
April 12 – Easter
April 15 – Tax Day
April 21 – Yom HaShoah
April 22 – Earth Day
April 24 – Ramadan*
April 24 – Arbor Day

May
May 5 – Cinco de Mayo
May 7 – National Day of Prayer
May 10 – Mother’s Day
May 16 – Armed Forces Day
May 24 – Eid al-Fitr*
May 25 – Memorial Day

June
June 6 – D-Day
June 14 – Flag Day
June 21 – Father’s Day
June 20 – First Day of Summer

July
July 4 – Independence Day
July 26 – Parents’ Day
July 27 – National Korean War Veterans Armistice Day
July 31 – Eid al-Adha*

August
August 3 – Raksha Bandhan
August 7 – Purple Heart Day
August 11 – Janmashtami
August 21 – Muharram*
August 22 – Ganesh Chaturthi
August 26 – Women’s Equality Day

September
September 7 – Labor Day
September 11 – Patriot Day / National Day of Service & Remembrance
September 19 – Rosh Hashanah*
September 21 – International Day of Peace
September 22 – First Day of Autumn
September 28 – Yom Kippur*

October
October 3 – Sukkot*
October 12 – Indigenous Peoples’ Day
October 17 – Navratri
October 25 – Dussehra
October 29 – Mawlid al-Nabi*
October 31 – Halloween

November
November 1 – Daylight Saving Time Ends
November 3 – Election Day
November 11 – Veterans Day
November 14 – Diwali
November 26 – Thanksgiving Day
November 29 – First Sunday of Advent

December
December 7 – Pearl Harbor Remembrance Day
December 11 – Chanukah*
December 21 – First Day of Winter
December 24 – Christmas Eve
December 25 – Christmas Day
December 26 – Kwanzaa
December 31 – New Year’s Eve

*begins at sundown the day before