Leading Age® PA 2023 FALL FINANCE CONFERENCE SENIOR LIVING INDUSTRY TRENDS, **REIMBURSEMENT AND OPERATIONAL** CONSIDERATIONS

Nov. 1, 2023 9:45 - 10:45 a.m.

FEDERAL RESERVE NOTE

EcodingAge®PA 2023 FALL FINANCE CONFERENCE

MEET YOUR PRESENTERS



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- Industry update
- Reimbursement considerations
- Operational considerations
- Contact information
- Questions



INDUSTRY UPDATE

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FEDERAL RESERVE NOTE

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Census

- Impacted all levels of care within a senior living organization:
 - Skilled nursing (SNF)
 - Assisted living (AL)/personal care (PC)
 - Independent living (IL)
- Access to staff

- Staffing shortages
- Staff burnout
- Wage and bonus competition
- Nurse agency utilization
- Increase in hours per patient day (HPPD) requirements
- Enhanced focus on recruitment/retention

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Workforce

SNF stressors

- Aging nursing homes
- Private room needs
- Occupancy
- Workforce shortages
- Technology needs
- Reimbursement

Consolidation drivers

- Financial pressures
- Leadership turnover
- Complexities of healthcare
- Ability to attract and retain talent
- Access to capital
- Technology demands

Strategic planning

- Perform SWOT analysis
- Identify culture/mission
- Engage board members and committee members
- Strategic considerations
 - Campus repositioning and rightsizing analysis
 - Evaluate service lines for expansion/contraction
 - Engage with referral sources and narrow networks

Mergers, acquisitions and affiliations

- Consider all opportunities
- Engage in internal discussions
- Identify opportunities to partner with other providers
- Process takes considerable time and effort
- Evaluate and include considerations as part of the strategic planning process

Financial impact

- Impact on balance sheet
- Impact on operating margins
- Inflation and inflationary factors
- Volatility of the market and investment portfolios
- Debt covenant violations

Key performance indicators

- Days cash on hand
- Days in accounts receivable
- resident revenue
- Debt service coverage
- Operating margin
- Average daily PDPM rate
- Nurse agency cost per day

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Bad debt expense as a percentage of net

Refocus

- Sunsetting of Government Funding
- Sunsetting of Public Health **Emergency Waivers**
- Challenging operating environment
- Financing challenges
- State level reimbursement changes
- Regulatory requirements
- Benchmarking/Comparative Analysis

- drivers:
 - ✓ Evaluate daily rates
 - ✓ PDPM rate analysis
 - ✓ State rate analysis
- Focus on controlling expenses:
 - ✓ Evaluate all departments
 - ✓ Nurse agency/contracted labor
 - ✓ Value based/group purchasing

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Operational considerations

• Focus on building census and revenue

Reimbursement

- Medicare Managed Care/Advantage:
 - Rapidly increasing
 - Financial Impact
 - Length of Stay
 - Administrative Requirements
 - Audit Volume
 - Trending impact

- FY24 SNF PPS final rule:
 - Net increase of 4.0% (includes a 2.3% reduction for PDPM parity adjustment this is being phased in over a two-year period)
 - Changes in PDPM ICD-10 code mappings, SNF QRP Program, and SNF VBP Program
 - Minimum staffing requirements

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Reimbursement

Outlook

- Hot topics and greatest focus areas:
 - Nursing in Life Plan Communities
 - Aging in Place
 - Labor
 - Technology
 - Consolidations/Affiliations
 - Cost of Capital

- Hot topics and greatest focus areas:
 - Revenue and Expense Pressures
 - SNF Reimbursement
 - Strategic Planning
 - Creative Business Models
 - Hospital & Post-Acute Relationships
 - Market infiltration of Managed Care

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Outlook

REIMBURSEMENT CONSIDERATIONS

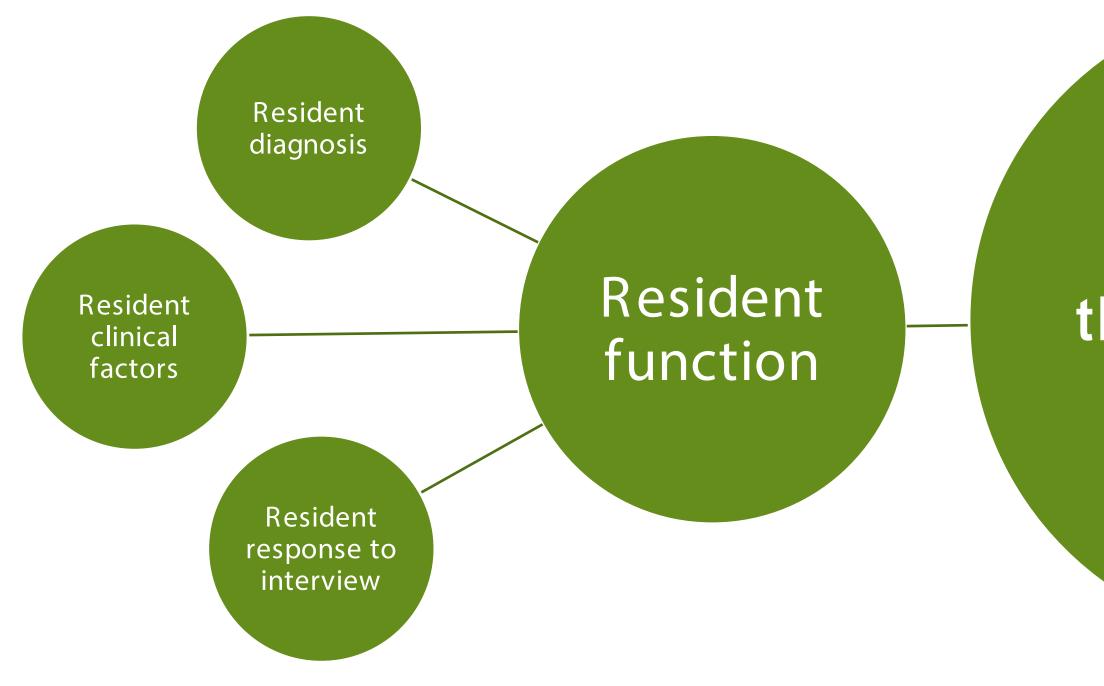
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REIMBURSEMENT CONSIDERATIONS

- Medicare is expected to begin denying claims in a similar manner to managed care denials
- This news comes as CMS is rolling out the five claim probes (which we have not yet seen)
 - MAC did not accept interview responses that were coded directly onto the MDS
- Mechanically altered diet that was in a nurse's notes
- Interview PHQ-2 to 9, BIMS
- Denials will occur after medical reviews and are focused on medical necessity, LOS and signatures/dating by physician
- If not completed, inaccurate or unsupported these areas will result in denials:
 - Section GG
 - Section I active diagnosis
 - NTA items not supported \bullet
 - Mechanically altered diet
 - Swallowing disorders
 - Skin conditions
 - BIMS not completed timely

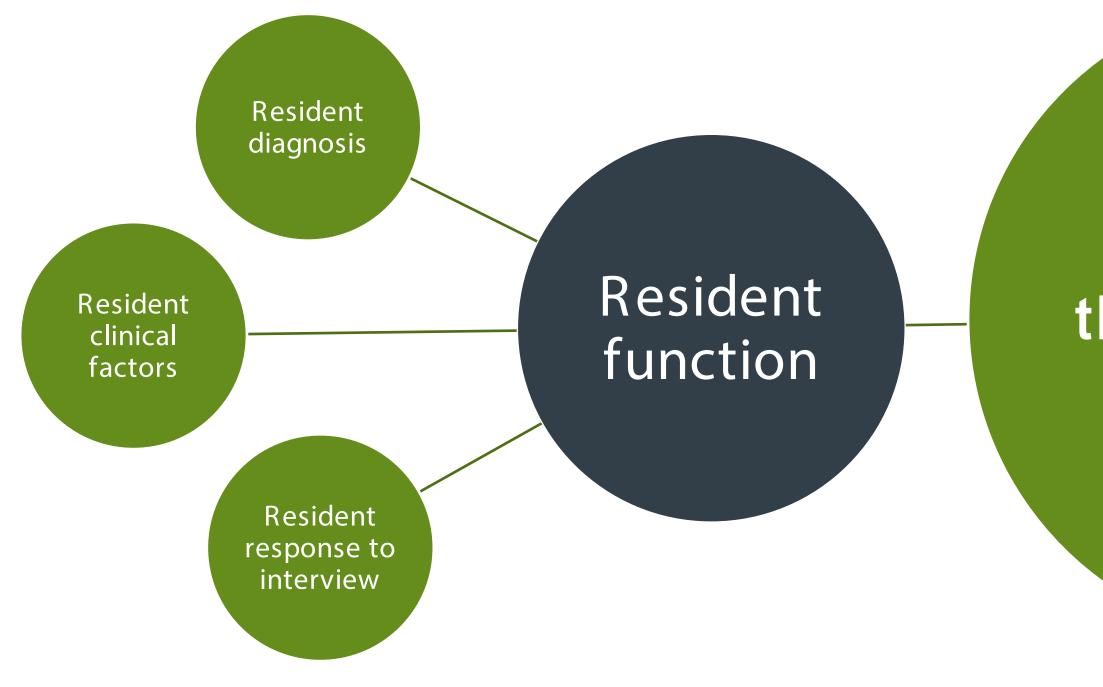


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Nursing and therapy payment groups

Medicare advantage scrutiny of the Patient-Driven Payment Model (PDPM)

- Cost containment
 - Controlling length of stay (LOS) •
 - Using Medicare's PDPM with regular post-payment reviews and payment take-backs lacksquare
 - Post-payment reviews focused on select minimum data set (MDS) areas: ullet
 - Section GG (resident function)
 - Active diagnosis (diagnosis)
 - NTA items not supported (diagnosis / clinical conditions)
 - Skin conditions (clinical conditions)
 - BIMS not completed timely (resident interview responses)
 - PHQ-9



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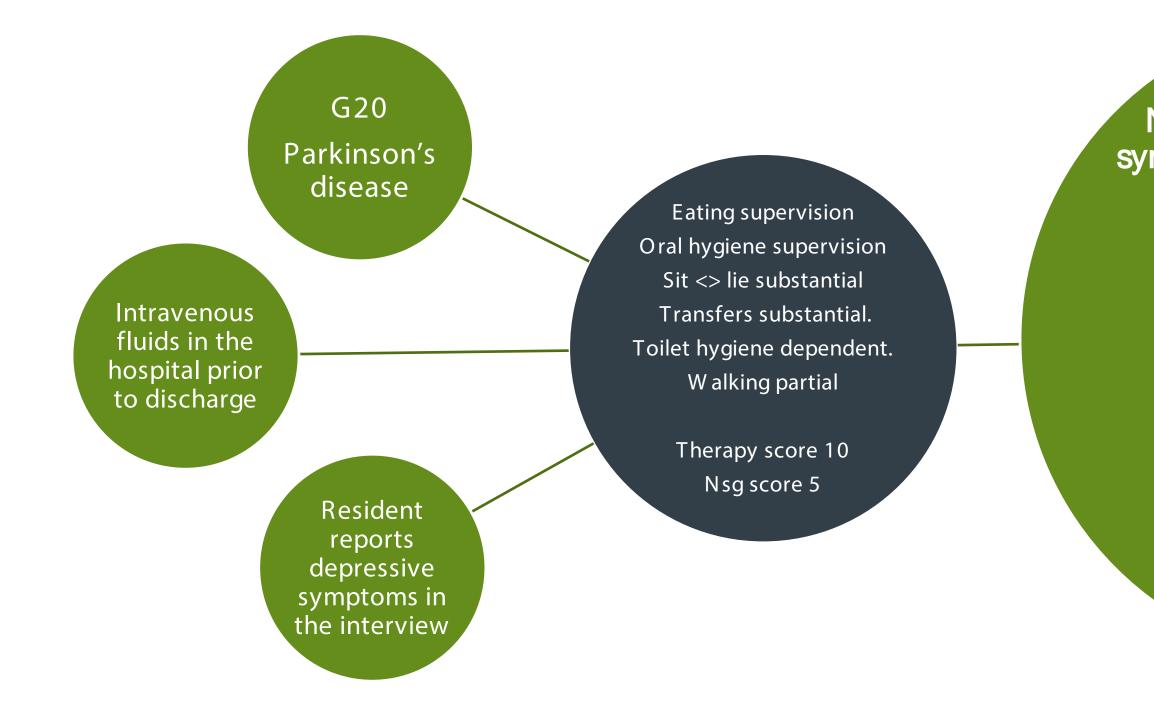
Nursing and therapy payment groups

- Function
- Reimbursement considerations: Post-payment target areas
- "Assess...based on direct observation, incorporating resident self-reports and reports from qualified clinicians, care staff, or family documented in the resident's medical record during the assessment period. CMS anticipates that an interdisciplinary team of qualified clinicians is involved in assessing the resident during the assessment period."*
- "USUAL PERFORMANCE"

(CMS's RAI Version 3.0 Manual CH 3: MDS Items [GG] October 2023 Pages GG-15 (self care) GG-43 (mobility))



- Nursing functional score
 - "Usual performance" of late-loss ADLs, MDS Section GG
 - Bed mobility: Lie to sit, sit to lying position
 - Transfers: Sit to stand, chair/bed to chair, and toilet transfers
 - Eating
 - Toilet hygiene
- Therapy functional score
 - "Usual performance" of the nursing ADLs used for the score, and:
 - Oral hygiene
 - Walking: 50' with 2 turns, 150'



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Nursing score 5, depressive symptoms, IV fluids in lookback = HDE2 (\$268.30)

> Therapy score 10 with diagnosis of Parkinson's (Neuro) = TO (\$192.60)

> > \$460.90 per day (Nsg / PT / OT)

RESIDENT functional performance

- Not in dispute by interdisciplinary team – all agree.
- Therapy evaluations day four
- Assessment added into medical record on day four to support MDS coding.

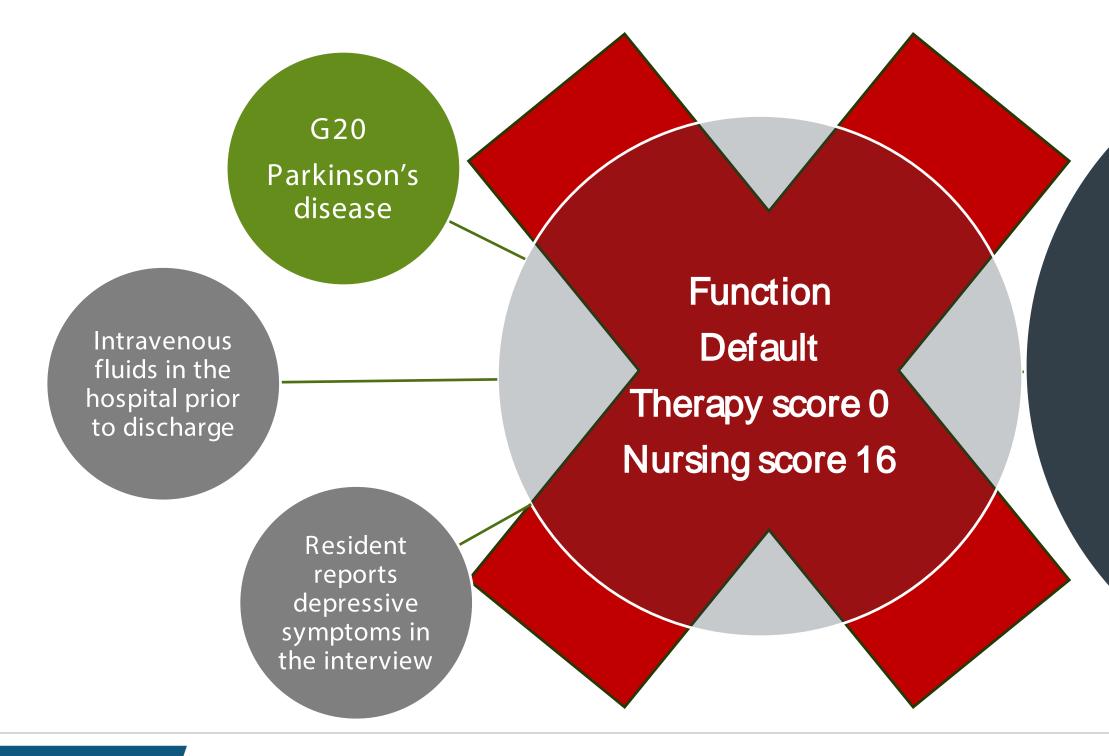
Supporting documentation concerns

- Variety of performance levels
- *No documentation of performance coding decision in the lookback*
- Documentation dated after the lookback

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Assessment encoding at risk

- PT payment
- OT payment
- Nursing payment



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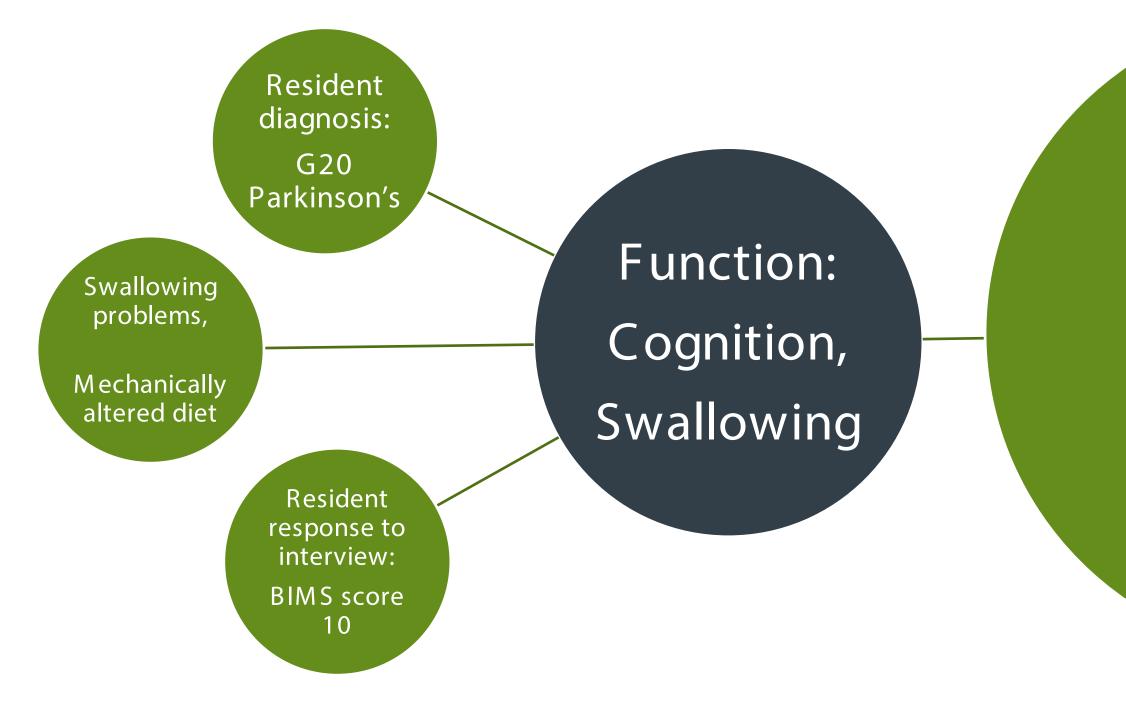
Nursing score 24, depressive symptoms, IV fluids in lookback = CA2 (\$122.06)

Therapy score 0 with diagnosis of Parkinson's (Neuro) = TP (\$134.54)

TAKEBACK \$204.30 per day

Medicare advantage scrutiny of the Patient-Driven Payment Model (PDPM)

- Cost containment
 - Controlling LOS
 - Using Medicare's PDPM with regular post-payment reviews and payment take-backs •
 - Post-payment reviews focused on select minimum data set (MDS) areas: ullet
 - Section GG (resident function)
 - SLP-related resident function
 - Active diagnosis (diagnosis)
 - NTA items not supported (diagnosis/clinical conditions)
 - Skin conditions (clinical conditions)
 - BIMS not completed timely (resident interview responses)
 - PHQ-9



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G20 Parkinson's (Neuro) BIMS score 10 (impaired cognition) Mechanically altered diet Swallowing problems SLP – SI (\$84.58)

C0100: Should brief interview for mental status be conducted

- Coding tips
 - Attempt to conduct the interview with ALL residents. This interview is conducted during the look-back period of the Assessment Reference Date (ARD) and is not contingent upon item B0700, Makes Self Understood.
 - -CMS's RAI Version 3.0 Manual CH 3: MDS Items [K] October 2023 Page C-2

K0100: Swallowing/nutritional status

- Coding tips:
 - Do not code a swallowing problem when interventions have been successful in treating the problem and therefore the signs/ symptoms of the problem (K0100A through K0100D) did not occur during the 7-day look-back period.
 - Code even if the symptom occurred only once in the 7-day look-back period.
 - -CMS's RAI Version 3.0 Manual CH 3: MDS Items [K] October 2023 Page K-2

K0520: Nutritional approaches

- DEFINITIONS
- MECHANICALLY ALTERED DIET A diet specifically prepared to alter the texture or consistency of food to facilitate oral intake. Examples include soft solids, puréed foods, ground meat, and thickened liquids. A mechanically altered diet should not automatically be considered a therapeutic diet.
- Coding instructions
- Check all nutritional approaches performed after admission/entry or reentry to the facility and within the 7-day look-back period.
- -CMS's RAI Version 3.0 Manual CH 3: MDS Items [K] October 2023 Page K-11

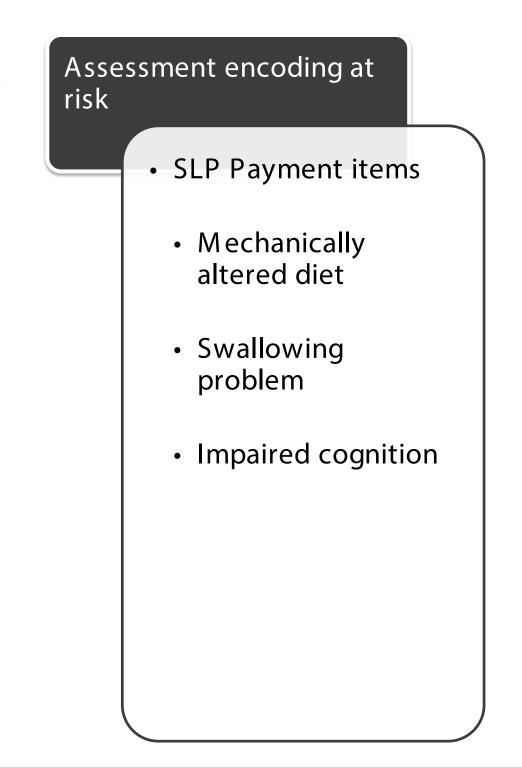
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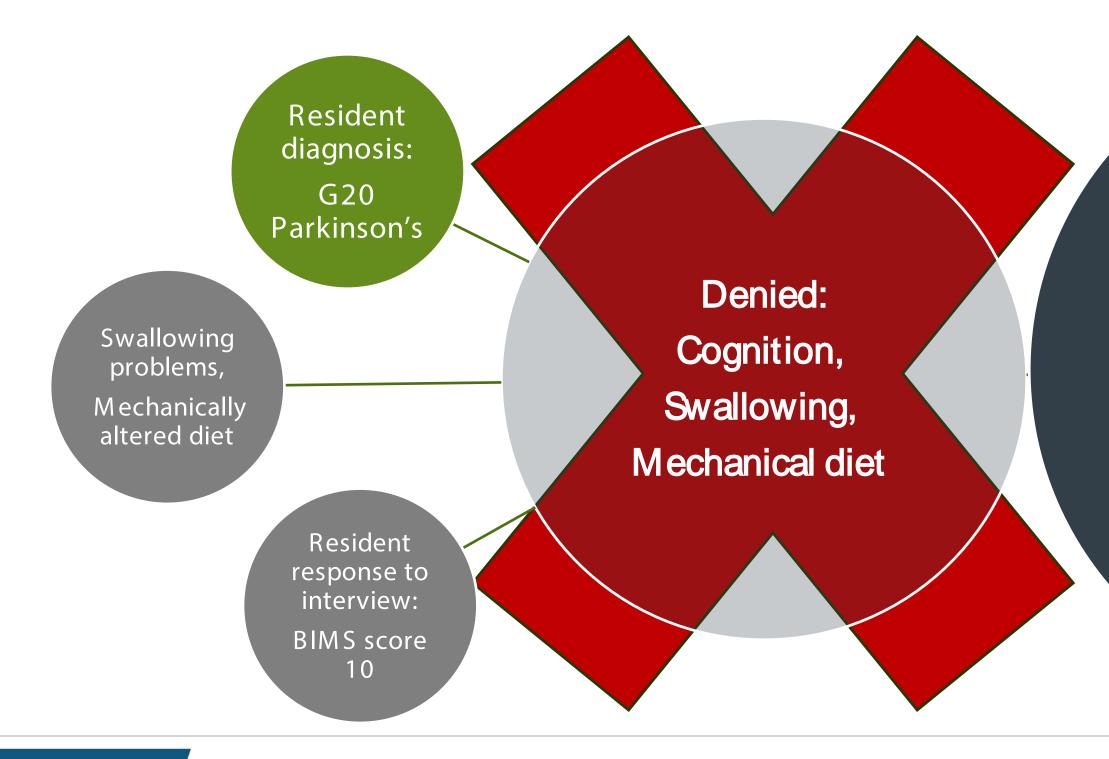
RESIDENT functional performance

- BIMS interview completed
- Encoded direction onto the MDS
- Z0400 dated for data entry date
- Resident coughing during fluid intake
 - SLP referral
 - Documents coughing
 - Nursing initiating thick liquids

Supporting documentation concerns

- Interview performed
 - No note of this during the lookback.
- Information obtained by discussing resident condition with care staff.
- Note by MDS nurse after the ARD
- *SLP daily notes not sent with information request*



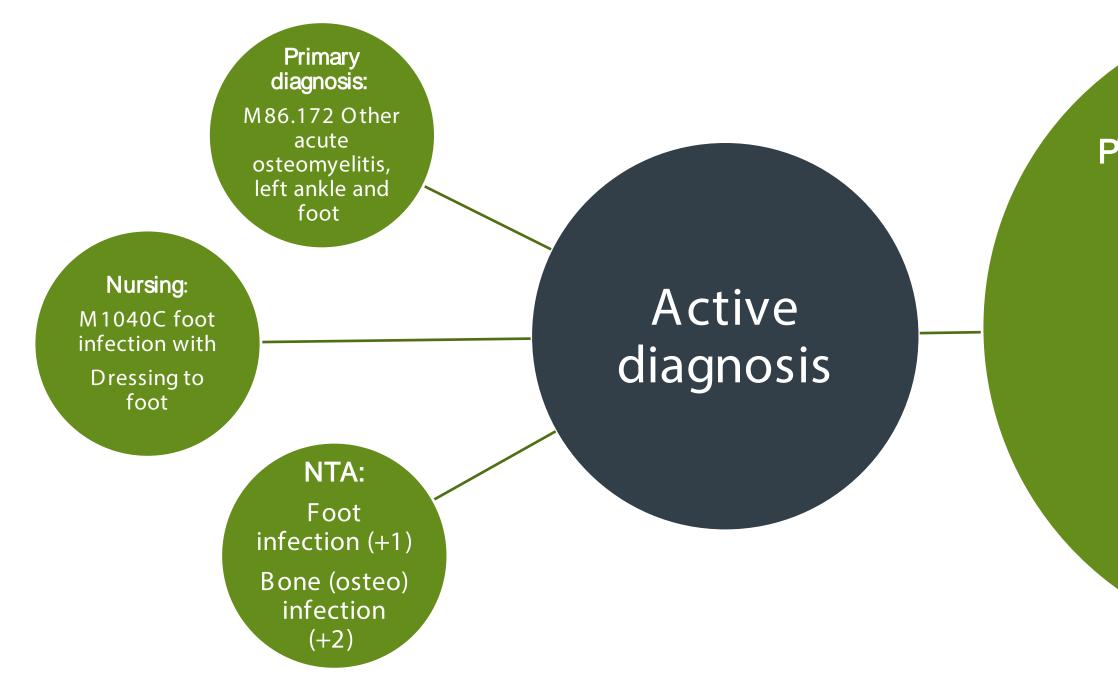


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G20 Parkinson's (Neuro) BIMS score 10 (impaired cognition) Mechanically altered diet Swallowing problems SLP – SI (\$84.58) SD (\$35.02) <u>TAKEBACK</u> \$49.56 per day

Medicare advantage scrutiny of the Patient-Driven Payment Model (PDPM)

- Cost containment
 - Controlling LOS
 - Using Medicare's PDPM with regular post-payment reviews and payment take-backs
 - Post-payment reviews focused on select minimum data set (MDS) areas:
 - Section GG (resident function)
 - SLP-related resident function
 - Active diagnosis (diagnosis)
 - NTA items not supported (diagnosis / clinical conditions)



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PT / OT orthopedic category TG (\$205.40) Nursing: LBC1 (\$160.06) NTA Category (3 points) ND (\$336.24, \$112.08)

> **\$701.70, \$477.54** (PT/OT, NSG, NTA)

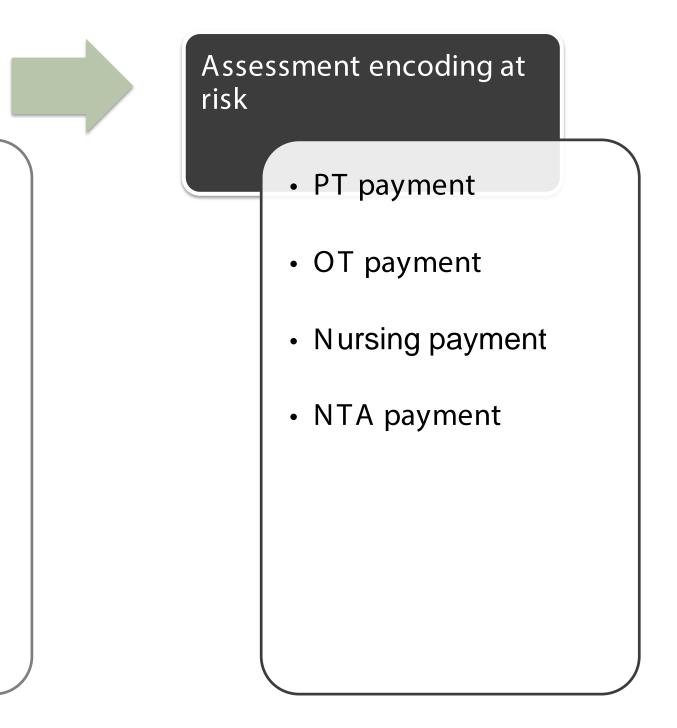
- Active diagnoses in the last seven days
- Active diagnoses
 - Physician-documented diagnoses in the last 60 days that have a direct relationship to the resident's current functional status, cognitive status, mood or behavior, medical treatments, nursing monitoring, or risk of death during the 7-day lookback period.
 - CMS's RAI Version 3.0 Manual CH 3: MDS Items [I] October 2023 Page I-7
 - Recent onset or acute exacerbation of the disease or condition indicated by a **positive study, test or procedure**, hospitalization for acute symptoms and/or recent change in therapy in the last 7 days. Examples of a recent onset or acute exacerbation include the following: new diagnosis of pneumonia indicated by chest X-ray; hospitalization for fractured hip; or a blood transfusion for a hematocrit of 24. Sources may include radiological reports, hospital discharge summaries, doctor's orders, etc.
 - CMS's RAI Version 3.0 Manual CH 3: MDS Items [I] October 2023 Page I-11

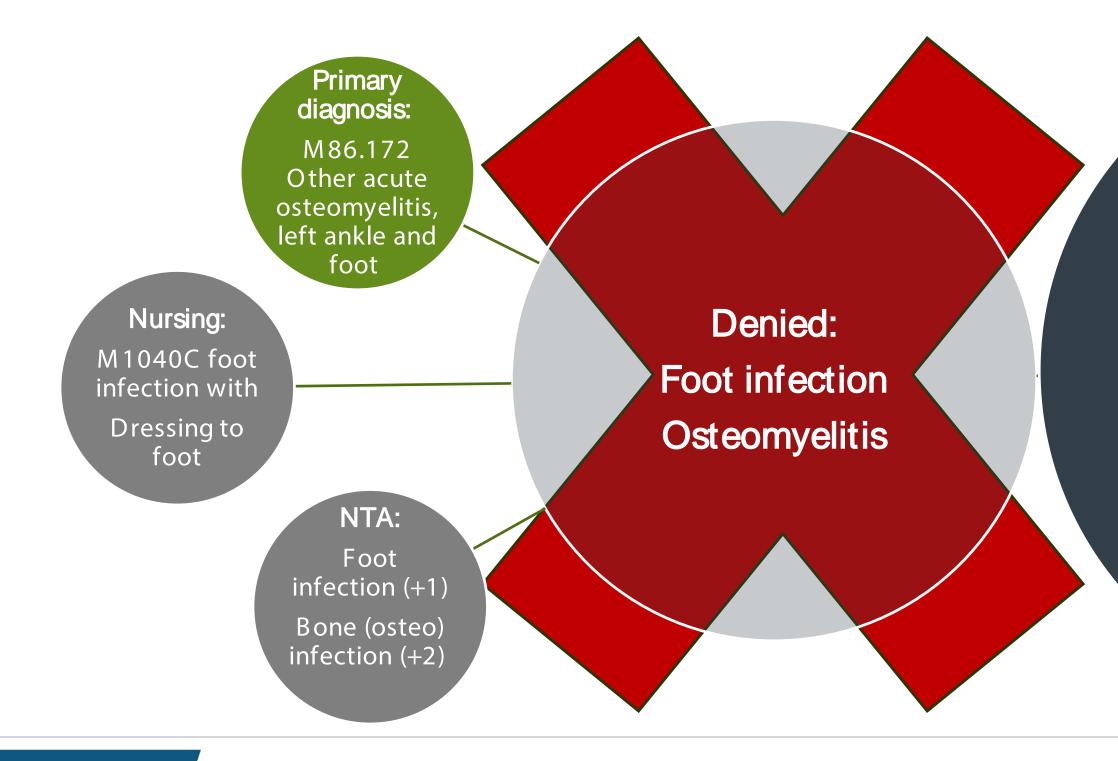
Active diagnosis: Osteomyelitis

- Hospital discharge summary includes diagnosis
- Nursing documents care for surgical wound
- Resident remains on antibiotics for infection

Supporting documentation concerns

- Nursing notes
 document surgical
 area of foot
- Physician after the ARD, references osteomyelitis of the foot, antibiotics, post-surgical care and therapy.
- Discharge summary from hospital not sent in information request.





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PT / OT: TG (\$205.40) Nursing: LBC1 (\$160.06) NTA Category (3 points) ND (\$336.24, \$112.08)

PT/OT (Medical): TK (\$190.00) Nursing PBC1: (\$126.67) NTA NF: (\$182.45, \$60.82)

> \$202.58 (Days 1-3) lost \$100.05 (day 4-20) lost

Significance of takebacks

 Physical function: 	\$150 / day
 Cognitive and swallowing function: 	\$50 / day
 Active diagnosis: 	\$100 - \$200 / day

Potentially up to \$400 per day in the examples above

Medicare - Started five claim reviews in June 2023

- Not much information out there on these yet...
- Interviews denied
- Mechanically altered diet denied



REIMBURSEMENT CONSIDERATIONS: PEPPER CLUES FOR FOCUS

PEPPER (Program for Evaluating Payment Patterns		
Target area		Targ
High PT and OT case mix (new as of t release)	he Q4FY21	Numerator: count of SNF claims whe Prospective Payment System (HIPPS therapy component, is one of the follo
		Denominator: count of all SNF claims
High speech language pathology case of the Q4FY21 release)	e mix (new as	Numerator: count of SNF claims when representing the speech language pa or L
		Denominator: count of all SNF claims
High nursing case mix (new as of the release)	Q4FY22	Numerator: count of SNF claims when representing the nursing payment gro
		Denominator: count of all SNF claims

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Electronic Report)

get area definition

ere the first character of the Health Insurance PS) code, representing the physical and occupational lowing: **C, D, F, G, J, K, N, or O**

S

ere the second character of the HIPPS code, athology component, is one of the following: **C, F, I**,

S

ere the third character of the HIPPS code, roup, is one of the following: **A, B C, D, H, or L**

S

REIMBURSEMENT CONSIDERATIONS: PEPPER CLUES FOR FOCUS

PEPPER (Program for Evaluating Payment Patterns	
Target area	Targ
20 days	Numerator: count of episodes of care (LOS) of 20 days
	Denominator: count of episodes of ca
90+ days	Numerator: count of episodes of care
	Denominator: count of all episodes of
Three-to-five day readm	Numerator: count of readmissions with consecutive days) to the same SNF for Insurance Claim number) during an e
	Denominator: count of all claims asso period, excluding patient discharge st SNF PEPPER User's Guide for how

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Electronic Report)

rget area definition

e ending in the report period with a length of stay

care ending in the report period

e ending in the report period with a LOS of 90+ days

of care ending in the report period

vithin three to five calendar days (four to six for the same beneficiary (identified using the Health episode that ends during the report period

sociated with SNF episodes ending during the report status code 20 (expired); (See Appendix 1 in the readmissions are identified)

PEPPER Relationships

- **PT/OT HIPPS**: C, D, F, G, J, K, N, or O = scores 6-23 (except D = MJ, 24)
 - Function
 - Diagnosis
- Nursing HIPPS: A, B C, D, H, or L (ES3, ES2, ES1, HDE2, LDE2, CDE2)
 - Function
 - Clinical factors
 - Diagnoses
 - Resident interview response
- - Clinical factors
 - Diagnoses
- Resident interview response
- Length of stay / readmission timing

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REIMBURSEMENT CONSIDERATIONS: PEPPER CLUES FOR FOCUS

SLP HIPPS: C, F, I, or L (BOTH Swallowing d/o and mechanically altered diet)

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Federal compliance – Medicare and Medicare advantage

- **PEPPER Resources and Retrieval**
- Triple check process Part A and Part B claims ۲
 - Who is a part of the process?
 - Checklists
 - Retention of the results should be part of the compliance program
- Third-party medical record and claim audits •
 - More common
 - Occur in "bunches"
 - Time sensitive
 - Results are at times not communicated

Skilled nursing facility 5-claim probe and educate review

• The Centers for Medicare & Medicaid Services (CMS) has recently announced the start of the SNF (skilled nursing facility) 5 Claim Probe and Educate Review program. As part of the effort to lower the SNF improper payment rate, Medicare Administrative Contractors (MACs) will be reviewing a small number of claims from every Medicare-billing SNF in the country. The SNF will then be offered education to address any errors identified, helping them to avoid future claim denials and adjustments.



Skilled nursing facility 5-claim probe and educate review

- The proposed 5 claim strategy will extend the broadest reach to all SNFs. Similar to the current Targeted Probe and Educate (TPE) medical review strategy, the SNF 5 Claim Probe and Educate Program will include one on one provider education at the completion of a small sample of claim reviews. However, instead of the 1-3 rounds of review a provider receives through TPE, each SNF will undergo only 1 round of review.
 - MACs will review 5 claims from each SNF.
 - MACs will complete one (1) round of probe and educate for each SNF, not the potential three rounds lacksquarethat may occur in the traditional TPE program.
 - Education offered will be individualized based on the claim review errors identified in the probe. Review results letters will detail the denial rationales for each claim, as appropriate.
- The SNF 5-Claim reviews commenced on June 5, 2023 and will affect claims for services furnished after Oct. 1, 2019. Claims containing the COVID-19 diagnosis will be excluded from the review.

State compliance – PA Managed Care CHCs

- Community HealthChoices (CHCs) Contractors:
- UPMC for UPMC Community HealthChoices
- Resolution Management for PA Health & Wellness
- Resolution Management for AmeriHealth Caritas / Keystone First





State compliance – PA Managed Care CHCs

- CHC claims review process back to inception of providers CHC implementation date ۲
- Similar to the previous "UMR" financial reviews
- Review request letters time sensitive
- Claims tracker
- 30-day review for additional information
- Final results letter
- Settlement outcomes
- Continues to rollout in phases retroactive reviews and be prepared

Compliance in billing

- Risk areas associated with billing have been most frequent subjects of investigations and audits by the OIG •
 - Criminal sanctions
 - Monetary penalties
 - Medicare payments suspended •
 - Excluded from Medicare program participation ullet
- Organizations must continually reassess its billing procedures and policies for both Federal and State ۲ programs

Current billing challenges

- Workforce staff/turnover
- Lack of SNF billing experience
- Implementation of new billing software
- Lack of accounts receivable monthly meeting
- Increase in accounts receivable (AR) balances
 - Limited claim follow-up
 - Lack of clear policy for collections
 - Resident/families not cooperative in application process



Accounts receivable report (example: 100-bed SNF)

Payer type summary	Outstanding balance	Sep.	Aug.	July	June	Мау	Apr.	Mar.	Feb.	Jan.	Dec.	Nov.	Oct.	≥Sept.
Commercial insurance	192.498.08	33,242.1	14,173.5	2,737.87	7,605.05	18,700.6	15,781.1	31,247.5	14,612.5	12,592.1	12,410.6	6,519.75	5,820.90	17,054.24
Like Medicare Part A	704,393.45	26,943.7	88,306.6	11,814.03	44,286.3	35,971.4	39,674.0	76,770.3	57,875.5	63,790.8	29,372.9	46,889.9	44,850.8	137,846.7
Like Medicare Part B	173,814.26	14,310.6	25,227.2	22,600.29	11,197.82	3,552.86	15,116.53	8,203.61	3,348.33	8,345.67	6,726.41	6,128.67	8,138.89	40,917.28
Medicaid (state)	706,294.22	179,190.4	185,248.1	70,007.12	60,813.53	19,871.91	20,069.01	5,276.11	15,243.07	11,161.56	12,164.04	6,706.40	(19,312.79)	139,855.6

Accounts receivable report (example: 100-bed SNF)

Payer type summary	Outstanding balance	Sep.	Aug.	July	June	Мау	Apr.	Mar.	Feb.	Jan.	Dec.	Nov.	Oct.	≥Sept.
Medicare Part A	339,635.97	148,780.8	76,443.23	10,978.31	17,151.51	24,881.44	23,695.94	12,046.74	(15,050.20)	3,297.48	35.18	(2,132.26)	3,892.16	35,615.61
Medicare Part B	66,741.06	12,726.43	4,005.74	3,790.08	2,771.97	4,197.77	3,177.08	2,029.86	2,737.21	3,799.09	331.61	1,335.74	1,110.82	24,727.66
Private	1,346,887.33	68,350.37	73,817.25	66,337.64	44,804.72	23,707.80	16,506.12	19,012.03	32,461.77	41,926.75	17,976.56	25,846.03	40,078.55	876,061.74
Payer type total	3,530,264.37	483,544.6	467,221.7	188,265.34	188,630.96	130,883.90	134,019.8	154,586.27	111,228.19	144,913.53	79,017.35	91,294.26	84,579.42	1,272,078.93

Accounts receivable aging report

- Each payer will have different rules for review based on time limits
- Chargemaster reviews based on payer contracts
- Monthly posting and variance tracker
- Payer critical time limits
 - MA: 180 days ullet
 - Medicare: 365 days \bullet
 - Medicare advantage: Based on contract with the facility (could be 30 to 120 days) lacksquare

SNF monthly billing cycle

- Example of timelines for payers and monthly follow-up
 - Private pay
 - Medicaid
 - Part B
 - Part A
 - AR meeting and collection follow-up



Accounts receivable monthly meeting is CRITICAL!

Communication is important for claims review

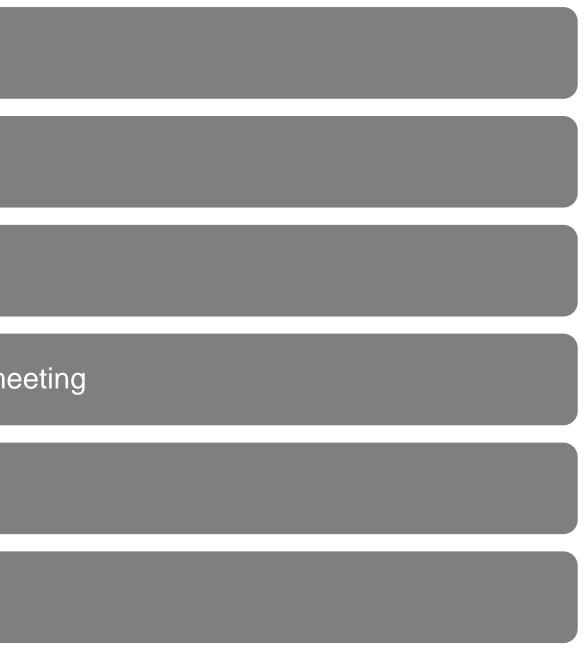
Billers, AR manager, facility staff, etc.

Claims that have been denied/rejected – follow-up on claims from last month's meeting

Monthly action items on claim follow-up

Follow-up, follow-up, follow-up!





Medicare Cost Report Benchmarking

Provider N	lame		Day of Cost Report Period End
GARVEY	MANOR		December 31, 2021
State	City	County	CBSA
PA	HOLLIDAYSBURG	BLAIR	11020

Number of Providers

CBSA		State		National
11020	9	PA	646	14,061

Medicare Profitability

Provider Specific		CBSA Medians		State Medians		National Medians	
Total Medicare Per Diem Reimbursement	\$522.12	Total Medicare Per Diem Reimbursement	\$533.79	Total Medicare Per Diem Reimbursement	\$561.11	Total Medicare Per Diem Reimbursement	\$566.44
Total Medicare Per Diem Cost	\$477.18	Total Medicare Per Diem Cost	\$460.66	Total Medicare Per Diem Cost	\$445.08	Total Medicare Per Diem Cost	\$418.01
Total Medicare Per Diem Profit or (Loss)	\$44.94	Total Medicare Per Diem Profit or (Loss)	\$73.12	Total Medicare Per Diem Profit or (Loss)	\$116.03	Total Medicare Per Diem Profit or (Loss)	\$148.43
Profit (loss) as a % of Per Diem	8.61%	Profit (loss) as a % of Per Diem	13.70%	Profit (loss) as a % of Per Diem	20.68%	Profit (loss) as a % of Per Diem	26.20%

-Provider specific information represents information only for the facility

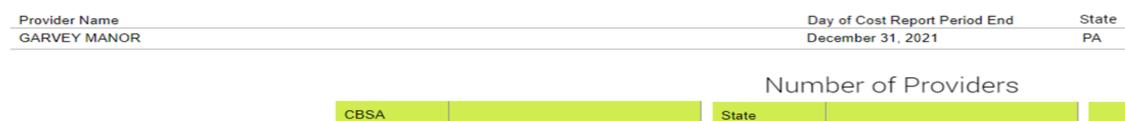
-Medicare Per Diem Reimbursement, Cost and Profit (loss) as a % of Per Diem are medians for CBSA, State and National geographic definitions -Per Diem Profit or (Loss) is a calculation based on the Per Diem Reimbursement and Cost





Medicare Cost Report Benchmarking

11020



Other Statistics

9

PA

Provider Specific		CBSA Medians		State Medians		National Medians	3
Co Insurance	\$143,206.00	Co Insurance	\$125,027.00	Co Insurance	\$165,652.00	Co Insurance	\$233,359.00
Reimbursement Bad Debt	\$0.00	Reimbursement Bad Debt	\$46,924.50	Reimbursement Bad Debt	\$58,343.00	Reimbursement Bad Debt	\$26,318.00
Reimbursement Bad Debt Dual Eligible	\$0.00	Reimbursement Bad Debt Dual Eligible	\$46,739.00	Reimbursement Bad Debt Dual Eligible	\$51,784.50	Reimbursement Bad Debt Dual Eligible	\$63,438.00
Vaccine	\$0.00	Vaccine	\$1,332.00	Vaccine	\$2,600.00	Vaccine	\$1,600.50

646

-Provider specific information represents information only for the facility

-CBSA, State and National metrics represent medians across geographic definitions for cost reporting timeframe



City	County
HOLLIDAYSBURG	BLAIR

National	
	14,061

Benchmarking reimbursement Key Performance Indicators (KPIs) is CRITICAL!

- Census
- Payer mix
- Days cash on hand
- Average PDPM rate
- Average Medicaid/CHC rate
- Days in accounts receivable
- Medicare Part A FFS Reimbursable Bad Debt
- Medicare Part A UPMC SNP Reimbursable Bad Debt
- Bad debt expense as a percentage of Net Resident Revenue

Take-Aways

- Skilled Nursing Facility (SNF) component of a CCRC: ۲
- SNFs require additional time and consideration in today's challenging operating environment •
- SNFs have unique risks and complexities involved in the revenue cycle that requires continued evaluation •
- Be proactive with internal auditing and monitoring as it relates compliance
- Benchmarking analysis and detailed review of outliers is CRITICAL! •
- REFOCUSING on operations is CRITICAL to current and future financial VIABILITY and SUSTAINABILITY!



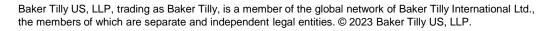
THANK YOU!



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