



The Willows (Oakmont) Presbyterian SeniorCare Network: Legula E. celebrated her 105th birthday with family and friends on January 20, 2022. Legula's secret to longevity and getting the most out of life is her faith. She gained national attention in 2021, including coverage on ABC's "Good Morning America," for beating COVID-19 at age 104. Born in 1917, she is a survivor of both the 1918 influenza pandemic and the COVID pandemic. For all of these reasons, Legula is a living lesson in HOPE. **Photo Credit: Jonathan Szish**



www.LeadingAgePA.org

JANUARY

NATIONAL BLOOD DONORS MONTH

DECEMBER 2022

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

FEBRUARY 2023

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2 New Year's Day (observed)	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Martin Luther King, Jr. Day	17	18	19	20	21
22 Chinese New Year	23	24	25	26	27 National Activity Professionals Day International Holocaust Remembrance Day	28
NATIONAL ACTIVITY PROFESSIONALS WEEK						
29	30	31	1	2	3	4