

Lima Estates, An Acts Retirement Community (Media): Mary Lou Grant sees hope for our future in this beautiful Monarch butterfly delicately perched on her hand.

and stall



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## **SEPTEMBER**

HEALTHY AGING MONTH | NATIONAL WORKFORCE DEVELOPMENT MONTH NATIONAL SENIOR CENTER MONTH | NATIONAL PREPAREDNESS MONTH

AUGUST 2023						OCTOBER 2023							
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30	31			29	30	31				

			*Begins in evening **Ends in ev	vening ***Begins evening of prior day							
AY TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY							
29	30	31	1	2							
5 International Day of Charity	6	7	8	9							
,											
y / National 12 Service	13	14	15 Rosh Hashanah*	16							
embrance											
NATIONAL ASSISTED LIVING WEEK											
19	20	21 International Day of Peace	22 Falls Prevention Awareness Day	23 First Day of Autumn							
FALLS PREVENTION AWARENESS WEEK											
NATIONAL REHABILITATION AWARENESS WEEK											
ippur*** 26	27 Mawlid al-Nabj***	28	29 Sukkot*	30							
	29 5 International Day of Charity // National Service embrance 19	29 30   5 International Day of Charity 6   5 International Day of Charity 6   // National Service ambrance 12 13   // National Service ambrance 12 13   19 20 FALLS PREVENTION AWARENESS WEEK   Autional Rehabilitation NATIONAL REHAbilitation	29 30 31   5 International Day of Charity 6 7   5 International Day of Charity 6 7   12 13 14     NATIONAL ASSISTED LIVING WEEK     19 20 21   International Day of Peace   NATIONAL REMARILITATION AWARENESS WEEK	AY     TUESDAY     WEDNESDAY     THURSDAY     FRIDAY       29     30     31     1       29     30     31     1       5     International Day of charity     6     7     8       // National embrance     12     13     14     15     Roth Hashanah*       19     20     21     International Day of Peace     22     Falls Prevention Avareness Day       KALLS PREVENTION AWARENESS WEEK							