

Always Forward



 **LeadingAge™ PA**

Member Calendar
2022
www.LeadAgePA.org

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ON THE COVER – Meadowood Senior Living: Resident and World War II Navy veteran, William Bourne, prepares to take flight on a Boeing Stearman biplane as part of a Dream Flight. Dream Flights is a nonprofit organization dedicated to honoring seniors and U.S. military veterans. *Photo credit: Wanda Mann*

INSIDE COVERS – Residents from LeadingAge PA provider members enjoy the many benefits of living in a senior care community! Thank you to: Bradford Ecumenical Home, Inc.; Foxdale Village; Ware Presbyterian Village – Presbyterian Senior Living; Green Ridge Village – Presbyterian Senior Living; Laurel View Village; Shenango on the Green – Presbyterian SeniorCare Network; The Campus of the Jewish Home of Greater Harrisburg; The Lutheran Home at Hollidaysburg – Allegheny Lutheran Social Ministries; Springhill Senior Living Community – Asbury Communities, Inc.; Homewood at Martinsburg – Homewood Retirement Centers; Lima Estates – Acts Retirement-Life Communities, Inc.; Riverwoods – Asbury Communities, Inc.



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37TH ANNUAL
BY DESIGN CONFERENCE

SAVE THE DATE

May 16 - 17, 2022

HOSTED BY:
SFCs
www.sfc.com 800.874.2788



Mission



Foxdale Village: Residents play water volleyball in the Healing Waters Therapy Pool. *Photo credit: Jessica McKeon*

Meadowood Senior Living (below, left): Residents Holly and Carl Sensenig participate in an outdoor spin class, one of the many outdoor wellness classes offered during the pandemic. *Photo credit: Kevin York*

Homewood at Martinsburg – Homewood Retirement Centers (below, right): Should you eat corn that has fallen off the stalk? Maize well! Living in the middle of cornfields means you need to reap the bounty. Here, Connie Shultz, resident, enjoys husking corn for lunch. *Photo credit: Jaime Conrad, ADC*

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																				
<div style="text-align: right;"> <p>DECEMBER 2021</p> <table border="1"> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td></td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table> </div>							1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				1 New Year's Day
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16	17 Martin Luther King, Jr. Day	18	19	20	21	22																																				
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					International Holocaust Victims Remembrance Day																																					
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Innovation



Valley View Rehab and Nursing Center: Recognized by the National Wildlife Federation as an official Wildlife Habitat, Valley View has cultivated its ground to attract and support wildlife by providing food and cover. In addition, the community offers residents a viewing area to enjoy all of the wildlife. The Wildlife Observation Windows (WOW) area features hollowed logs, rocks, bird feeders, and plants.

NATIONAL SENIOR INDEPENDENCE MONTH

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		1 Chinese New Year	2 Groundhog Day	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
Random Acts of Kindness Week						
	Valentine's Day		National Innovation Day	Random Acts of Kindness Day	National Caregivers Day	
20	21 Presidents' Day	22	23	24	25	26
27	28	MARCH 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		Thank you to our calendar sponsor 		



Leadership

Laurel View Village (left): During World War II, resident Christine Rokavec entered the workforce and truly was Rosie the Riveter! Dawn Yanosky, life enrichment assistant, and Rokavec enjoyed a laugh as they recreated the moment.

Dunwoody Village (right): Resident Luz Diaz took a selfie from her apartment balcony that overlooks Dunwoody's new construction project, which will double the size of the Community Building that houses its dining venues, kitchens, pub, auditorium, fitness center, library, art studio, and woodshop.

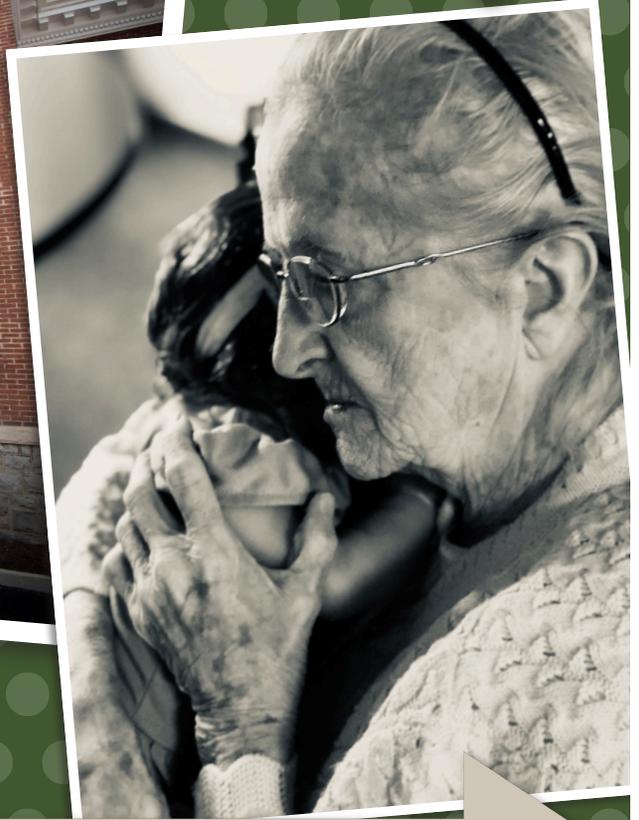
SOCIAL WORK MONTH
LONG-TERM CARE ADMINISTRATORS WEEK

MARCH

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FEBRUARY 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	APRIL 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 Shrove Tuesday	2 Ash Wednesday	3	4 Employee Appreciation Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
Daylight Saving Time Begins	Health Care Human Resources Week					Certified Nurses Day
		World Social Work Day		Purim* St. Patrick's Day		
20	21	22	23	24	25	26
First Day of Spring					National Medal of Honor Day	
27	28	29	30	31	Thank you to our calendar sponsor SFCs Enriching life by design architecture · engineering · planning · interiors	
	LeadingAge Leadership Summit					
		National Vietnam War Veterans Day				

Diversity



Pathstones by Phoebe – Phoebe Ministries (left): Pathstones members enjoy a walk at Dorothy Rider Pool Wildlife Sanctuary during Active Aging Week.

LongCrest – Presbyterian Senior Living (center): LongCrest, which provides affordable housing opportunities for seniors in Lancaster County, recently completed renovations to the Long Home, built in 1905. As part of the renovation, historic elements of the original building's carriage home were incorporated in the new construction.

Laurel View Village (right): Jo Covalt, resident, was a nurturing caregiver for her own children and others. After developing dementia, she finds the greatest comfort and joy in caring for lifelike dolls. She is often seen combing their hair, singing to them, or rocking them to sleep.

DIVERSITY MONTH
CAREERS IN AGING WEEK

APRIL

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>MARCH 2022</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30 31</p>	<p>Thank you to our calendar sponsor</p> <p>SFCCS</p> <p>Enriching life by design</p> <p>architecture . engineering . planning . interiors</p>				<p>MAY 2022</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>	1	2
3	4	5	6	7	8	9	
Ramadan*					April Fools' Day		
10	11	12	13	14	15	16	
Palm Sunday				Maundy Thursday	Good Friday	Passover* National Healthcare Decisions Day	
17	18	19	20	21	22	23	
National Volunteer Week							
Easter	Tax Day				Earth Day		
24	25	26	27	28	29	30	
			Administrative Professionals Day	Yom HaShoah*	Arbor Day		

Networking & Community



Westminster Place at Windy Hill Village – Presbyterian Senior Living: Residents enjoyed donating their time and money to make “Jarrod” boxes. Donated to the local hospital, these boxes are filled with toys and activities to occupy children while they are being treated in the emergency department. Pictured (l-r): Sally Shingledecker, Barb Appleton, Gloria Mandel, Eleanor Hvizdash, Eva Sankey, Marlene Waldenmaier, Claire Taylor, Cathy Twoey, Jim Appleton, and Peg Berry.

Bethany Village Retirement Center – Asbury Communities, Inc. (insert): These “Free Little Library” boxes, built by the Bethany Village workshop, are a perfect addition to the Bethany Village community! Residents, like Ann Marie Judson, can take a book or leave a book to share.

OLDER AMERICANS MONTH
MILITARY APPRECIATION MONTH
MENTAL HEALTH AWARENESS MONTH

MAY

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		Eid al-Fitr*		Cinco de Mayo Hand Hygiene Day National Day of Prayer	National Nurses Week	
8	9	10	11	12	13	14
National Nurses Week				National Skilled Nursing Care Week		
Mother's Day						
15	16	17	18	19	20	21
	SFCS By Design Conference					Armed Forces Day
22	23	24	25	26	27	28
	143 Day					
29	30	31	APRIL 2022 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		JUNE 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	
	Memorial Day					

Advocacy



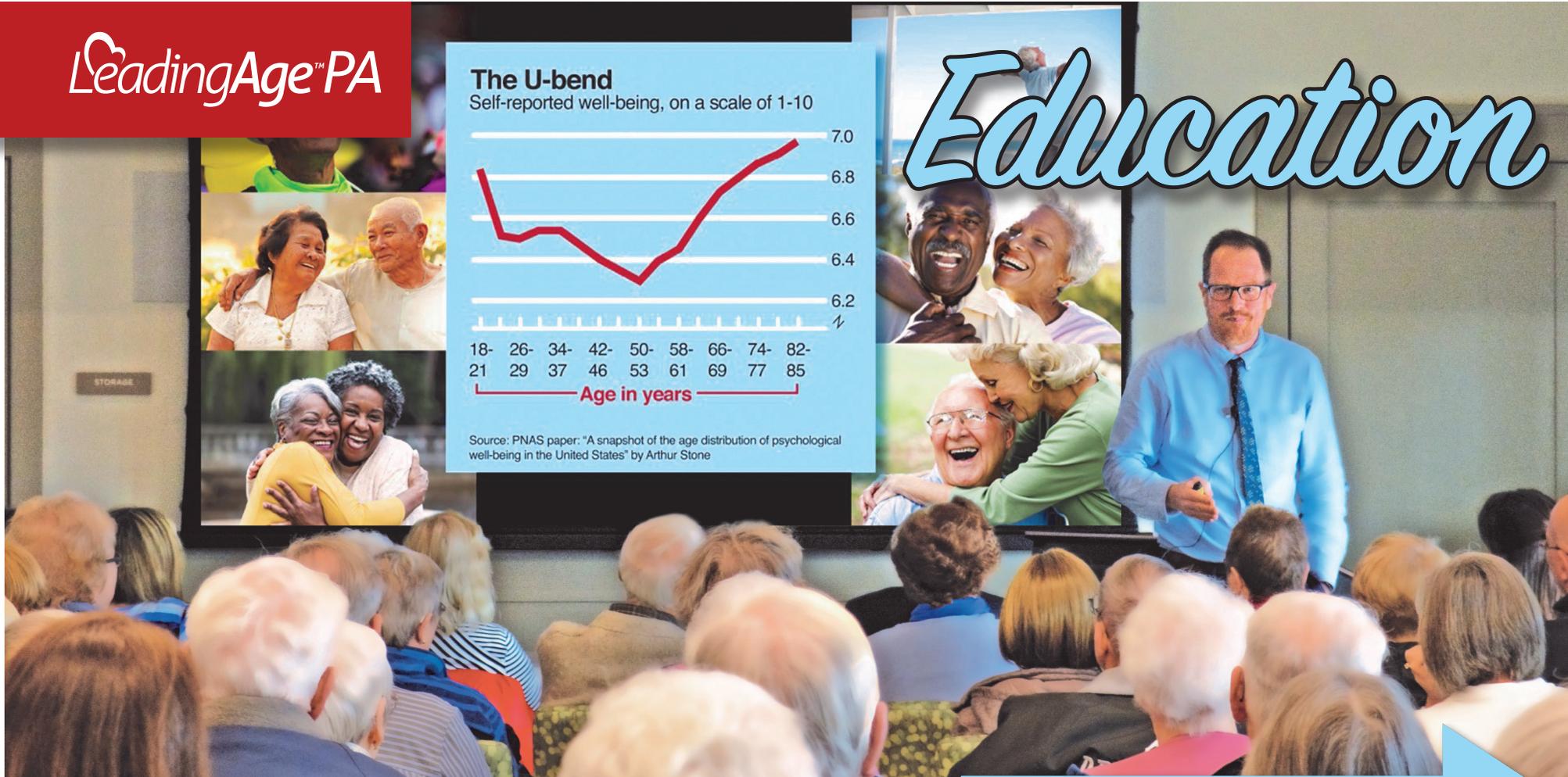
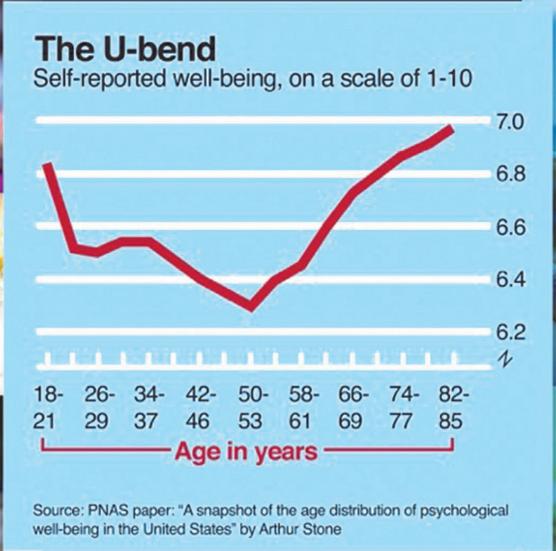
The **LeadingAge PA Political Action Committee (PAC)** is a voluntary member-sponsored political action fund. It strengthens and expands our voice and advocacy with legislators and other elected state officials in Harrisburg. Support the PAC today by visiting www.LeadingAgePA.org and making a donation.

ALZHEIMER'S & BRAIN AWARENESS MONTH

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thank you to our calendar sponsor 			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
				National Nursing Assistant Week		
				Career Nursing Assistant Day		
19	20	21	22	23	24	25
				National Nursing Assistant Week		
Father's Day Juneteenth		LeadingAge PA Preconference & Golf Tournament First Day of Summer/The Longest Day		LeadingAge PA Annual Conference		
26	27	28	29	30		
				JULY 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		

Education



Morningstar Living: In partnership with East Stroudsburg University (ESU), Morningstar Living launched Learning Is ForEver. This lifelong learning initiative offers residents and members of the community numerous opportunities for personal growth. Leading a workshop is Tim Connolly, Ph.D., professor, and chair of modern languages, philosophy, and religion at ESU.

Laurel View Village (below): Jack Penrod, resident, enjoyed developing photographic film for most of his life. At 97, he learned digital photography and was astonished to learn that he could see images immediately! *Photo credit: Maria Manon*

JULY

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thank you to our calendar sponsor 					1	2
3	4 Independence Day	5	6	7	8	9
10 Eid al-Adha*	11	12	13	14	15	16
17	18	19	20	21	22	23 Gorgeous Grandma Day
24 Parents' Day	25	26	27 National Korean War Veterans Armistice Day	28 National Intern Day	29	30 Muharram*
31	AUGUST 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					





Dunwoody Village: Led by Patricia McManus, fitness trainer, the popular outdoor yoga class gives residents a healthy and invigorating fitness option in the warmer months during the pandemic.
Photo credit: Dennis Degnan

NATIONAL WELLNESS MONTH

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3	4	5	6
7 Purple Heart Day	8	9	10	11	12	13
14	15	16	17	18	19	20
21 National Senior Citizens Day	22	23	24	25	26 Women's Equality Day	27
28	29	30	31	SEPTEMBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		

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Workforce



CareersToLovePA

Springhill Senior Living Community – Asbury Communities, Inc.: Through a partnership with Great Lakes Institute of Technology, therapy students offer massage to residents. This program provides training opportunities for students while residents reap the benefits of a relaxing massage.

CareersToLovePA is a collaborative, statewide effort between LeadingAge PA and its members to raise the profile of the senior services industry and generate interest in long-term care careers. Visit www.CareersToLovePA.org today!

- HEALTHY AGING MONTH
- NATIONAL WORKFORCE DEVELOPMENT MONTH
- NATIONAL SENIOR CENTER MONTH
- NATIONAL PREPAREDNESS MONTH
- NATIONAL ADULT DAY SERVICES WEEK
- NATIONAL HEALTHCARE ENVIRONMENTAL SERVICES WEEK

SEPTEMBER

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Thank you to our calendar sponsor 		OCTOBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3
4	5	6	7	8	9	10
	Labor Day International Day of Charity					
11	12	13	14	15	16	17
National Assisted Living Week						
Patriot Day Grandparents' Day						
18	19	20	21	22	23	24
National Rehabilitation Awareness Week						
Falls Prevention Awareness Week						
			International Day of Peace	Falls Prevention Awareness Day		
25	26	27	28	29	30	
	Rosh Hashanah*					Annual Conference Sept. 22

Collaboration & Growth



Dunwoody Village: Collaboration between residents and staff resulted in a community garden that promotes sustainability. Eight raised beds were installed in 2021, with plans to add beds in the future. Residents shared the responsibilities of watering and weeding the garden, which produced a variety of vegetables.

RESIDENTS' RIGHTS MONTH
 NATIONAL PHYSICAL THERAPY MONTH
 ACTIVE AGING WEEK
 HEALTHCARE FOODSERVICE WORKERS WEEK
 WORLD HOSPICE & PALLIATIVE CARE DAY

OCTOBER

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="text-align: right;"> SEPTEMBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>						1 International Day of Older Persons
2	3	4	5	6	7	8
Mental Illness Awareness Week						
			Yom Kippur*			Mawlid al-Nabi*
9	10 Sukkot* Indigenous Peoples' Day World Mental Health Day	11	12	13	14	15 Global Handwashing Day
16	LeadingAge Annual Meeting + EXPO				21	22
Boss's Day						Make a Difference Day
23	24	25	26	27	28	29
Spiritual Care / Pastoral Care Week						
	Diwali					
30	31 Halloween	<div style="text-align: left;"> NOVEMBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>				
Thank you to our calendar sponsor 						

Service



Normandie Ridge Senior Living Community – Asbury Communities, Inc.: In 2021 Normandie Ridge unveiled a new community feature—the Veterans Wall. This wall is dedicated to all community residents who have served in the U.S. armed forces. Each resident will have a plaque listing their branch of service and service time placed on the wall. The Veterans Wall will also feature a full U.S. armed services flag set and a prisoner-of-war table.

NATIONAL HOME CARE & HOSPICE MONTH
 NATIONAL HOSPICE & PALLIATIVE CARE MONTH
 NATIONAL LONG-TERM CARE AWARENESS MONTH
 HOME CARE AIDE WEEK

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCTOBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	DECEMBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3	4	5 International Volunteer Managers Day
6 Daylight Saving Time Ends	7	8 Election Day	9	10	11 Veterans Day	12
13 World Kindness Day	14	15 National Philanthropy Day	16	17	18	19
20	21	22	23	24 Thanksgiving Day	25	26
27 First Sunday of Advent	28	29 Giving Tuesday	30	 		

Celebration



Bradford Ecumenical Home, Inc. (left): Employees held a nonperishable food drive to benefit the Friendship Table, a local food bank serving the Bradford area. Pictured are: Jolene Schuessler (left), Lisa McKean (right), and Julie Chartreau (kneeling).

Foxdale Village (right): A snowman celebrates winter on the Foxdale Village green.
Photo credit: Jessica McKeon

DECEMBER

* Begins at sundown the day before

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
NOVEMBER 2022 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Thank you to our calendar sponsor 			JANUARY 2023 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3
4	5 International Volunteer Day	6	7 Pearl Harbor Remembrance Day	8	9	10 International Day of Persons with Disabilities	
11	12	13	14	15	16	17	
18	19 Chanukah*	20	21 First Day of Winter	22	23	24 Christmas Eve	
25 Christmas Day	26 Kwanzaa	27	28	29	30	31 New Year's Eve	



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Mission



Innovation



Leadership



Diversity



Networking & Community



Advocacy



Education



Vision



Workforce



Collaboration & Growth



Service



Celebration