

LeadingAge[®] PA

MEMBER CALENDAR 2023





A Message from the President

Dear LeadingAge PA member:

I am pleased to present the 2023 LeadingAge PA member calendar. Contained in this calendar are photos of residents and staff involved in programs, services, or accomplishments that depict their definition of this year's calendar theme, hope.

Hope is such a powerful notion. It can motivate, inspire, and drive us past doubt and discouragement. As we think about the year ahead, it can be easy to focus on the difficulties and challenges; you are leading in a sector that continues to face an uphill battle. However, I encourage you this year to look for moments of hope.

This calendar is designed to assist you in planning motivational activities for your staff and creative and fun programming for your residents. But most of all, it is designed to remind us all why we continue to pour our lives into this field – for those moments of hope displayed so poignantly in the photos of residents and staff members on the pages of this calendar. Photos captured by you.

LeadingAge PA is committed to supporting you, providing you with resources and a voice in Harrisburg, and seeing Pennsylvania's aging services sector into the future.

Best,



Garry Pezzano
President & CEO

P.S. If you would like additional copies of this calendar to share with others, please visit: www.LeadngAgePA.org/MemberCalendar.



LeadingAge PA is a trade association representing more than 370 mission-driven providers of senior housing, health care, and community services across the commonwealth. Our members provide multiple services and levels of care to seniors including: skilled nursing, assisted living, personal care, adult day services, LIFE programs, home health care, home care, hospice, independent living, and affordable housing. LeadingAge PA advocates on behalf of our members at the state and local levels to influence positive change and affect a healthy vision for the delivery of quality, affordable, and ethical care for Pennsylvania's seniors. For more information about LeadingAge PA and our envisioned future of senior services, visit www.LeadngAgePA.org.



Morningstar Living, Moravian Hall Square (Nazareth): Residents and staff surround the HOPE sculpture in the Pleasure Garden. From left to right: Resident Margaret Hunt; staff member Joan Haines; resident Gloria Roberts; resident Joan Fisch; and resident Sandra Gold.

ON THE COVER – Morningstar Living, Moravian Hall Square (Nazareth) (top center): A permanent symbol of HOPE, located in the Pleasure Garden, reminds us all of the dedication of team members who gave our residents, their families, and co-workers hope every single day. We will be grateful forever to those whose unwavering Hope, Hands, and Hearts served heroically through the COVID-19 Pandemic.

Surrounding the center photo are photos of residents from LeadingAge PA provider members that embody this year’s theme: HOPE (clockwise): **The Philadelphia Protestant Home:** Tom and Marguerite Sexton enjoy a fun day of bocce—a new addition to the community this year; **Rolling Fields Elder Care (Conneautville):** Carolyn Van Horne loves the new blooms our gardens bring each spring and summer; **Bradford Ecumenical Home, Inc.:** June Kio (left) and Claudia Sprague (right) celebrating Daiquiri Day on the patio; **The Mansion at Rosemont:** Charles Niesley playing piano in The Mansion ballroom; **Foxdale Village (State College):** Sabrina and Marilyn celebrating Pride month on the village green; **Springhill Senior Living, Asbury Communities, Inc. (Erie):** Dick and Sue Roeck visit with an associate’s son, Austin, on their apartment balcony; and **Bradford Ecumenical Home, Inc., Chapel Ridge:** Paul Monjar is a light of hope as he celebrates his 105th birthday with 105 cupcakes!



The Willows (Oakmont) Presbyterian SeniorCare Network: Legula E. celebrated her 105th birthday with family and friends on January 20, 2022. Legula's secret to longevity and getting the most out of life is her faith. She gained national attention in 2021, including coverage on ABC's "Good Morning America," for beating COVID-19 at age 104. Born in 1917, she is a survivor of both the 1918 influenza pandemic and the COVID pandemic. For all of these reasons, Legula is a living lesson in HOPE. **Photo Credit: Jonathan Szish**



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JANUARY

NATIONAL BLOOD DONORS MONTH

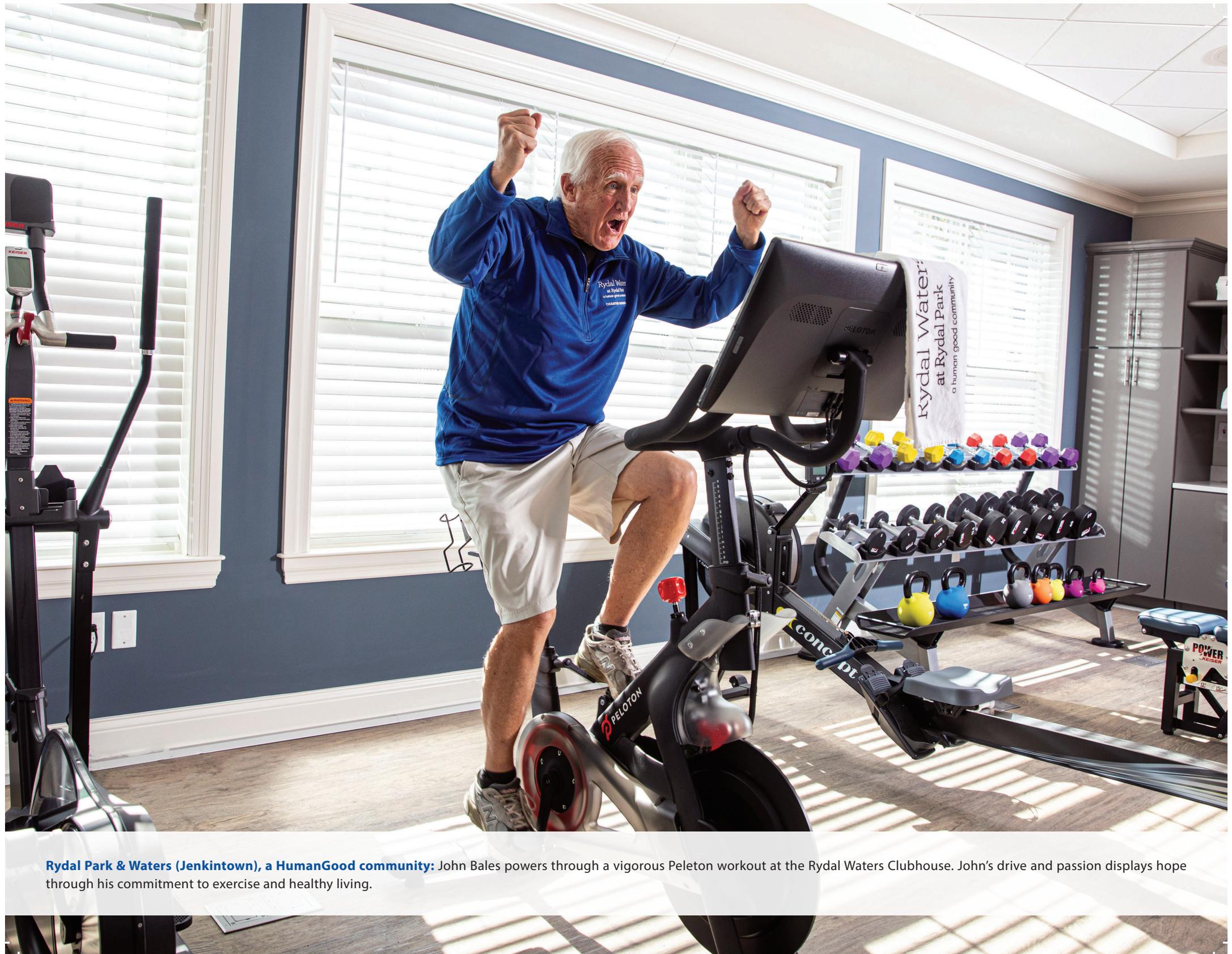
DECEMBER 2022

			1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	31		

FEBRUARY 2023

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2 New Year's Day (observed)	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Martin Luther King, Jr. Day	17	18	19	20	21
22 Chinese New Year	23	24	25	26	27 National Activity Professionals Day International Holocaust Remembrance Day	28
NATIONAL ACTIVITY PROFESSIONALS WEEK						
29	30	31	1	2	3	4



Rydal Park & Waters (Jenkintown), a HumanGood community: John Bales powers through a vigorous Peloton workout at the Rydal Waters Clubhouse. John's drive and passion displays hope through his commitment to exercise and healthy living.



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FEBRUARY

NATIONAL SENIOR INDEPENDENCE MONTH

JANUARY 2023							MARCH 2023						
1	2	3	4	5	6	7			1	2	3	4	
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28	29	30	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2 Groundhog Day	3	4
5	6	7	8	9	10	11
12	13	14 Valentine's Day	15	16	17 Random Acts of Kindness Day National Caregivers Day	18
RANDOM ACTS OF KINDNESS WEEK						
19	20	21 Shrove Tuesday	22 Ash Wednesday	23	24	25
RANDOM ACTS OF KINDNESS WEEK		Presidents' Day				
26	27	28	1	2	3	4



SpiriTrust Lutheran: The Village at Luther Ridge (Chambersburg): One day in May 2022, we loaded up our bus with six gentlemen from our Skilled Nursing and Personal Care buildings. Jeff Arentz was first in line to get on the bus! While he has battled many health issues over the years, Jeff has persevered and continues to live life to his fullest potential. Exhibiting that same determination, Jeff fought for nearly 30 minutes to reel in this nearly six-pound brown trout all by himself! **Photo credit: Kayla Etter**



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MARCH

SOCIAL WORK MONTH

FEBRUARY 2023

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

APRIL 2023

							1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

*Begins in evening of prior day

**Begins in evening

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1	2	3 Employee Appreciation Day	4
5	6	7 Purim*	8	9	10	11
12 Daylight Saving Time begins	13	14	15	16	17 St. Patrick's Day	18
HEALTH CARE HUMAN RESOURCES WEEK						
19 Certified Nurses Day	20 First Day of Spring	21 World Social Work Day	22 Ramadan begins**	23	24	25 National Medal of Honor Day
26	27	28	29 National Vietnam War Veterans Day	30	31	1



Presbyterian Senior Living–Westminster Woods at Huntingdon: Shirley Binari, resident, and Peggy Brumbaugh, personal care manager, plant flowers together as part of a facility event. Throughout the summer season, residents and staff alike were inspired by feelings of hope as they watched the flowers grow and bloom. **Photo credit: Jennifer Fleck**



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APRIL

NATIONAL VOLUNTEER MONTH | DIVERSITY MONTH

MARCH 2023											MAY 2023						
			1	2	3	4					1	2	3	4	5	6	
5	6	7	8	9	10	11					7	8	9	10	11	12	13
12	13	14	15	16	17	18					14	15	16	17	18	19	20
19	20	21	22	23	24	25					21	22	23	24	25	26	27
26	27	28	29	30	31						28	29	30	31			

*Begins in evening **Ends in evening ***Begins evening of prior day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 April Fools' Day
2 Palm Sunday	3	4	5 Passover begins*	6 Maundy Thursday	7 Good Friday	8
9 Easter	10	11	12	13 Passover ends**	14	15
16 Orthodox Easter National Healthcare Decisions Day	17 LEADINGAGE LEADERSHIP SUMMIT WASHINGTON, DC	18 Tax Day Yom HaShoah***	19	20	21 Ramadan ends**	22 Earth Day Eid al-Fitr***
NATIONAL VOLUNTEER WEEK						
23	24	25	26 Administrative Professionals Day	27	28 Arbor Day	29
30	1	2	3	4	5	6



Bradford Ecumenical Home, Inc., Chapel Ridge: David "Curly" Walters waits in line with Percy the miniature therapy horse to participate in the Bradford's Memorial Day Parade. Curly is a spry 99 years young U.S. Air Force veteran who served in World War II. He loves life and looks forward to turning 100 years old. We are given hope when our town prioritizes the recognition and celebration of our Seniors and their accomplishments.



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MAY

OLDER AMERICANS MONTH | MILITARY APPRECIATION MONTH
MENTAL HEALTH AWARENESS MONTH

APRIL 2023							JUNE 2023						
						1				1	2	3	
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	
30													

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4 National Day of Prayer	5 Cinco de Mayo Hand Hygiene Day	6 National Nurses Day
7	8	9	10	11	12	13
NATIONAL NURSES WEEK						
NATIONAL HOSPITAL WEEK						
14 Mother's Day	15	16	17	18	19	20 Armed Forces Day
LEADINGAGE PA ANNUAL CONFERENCE KALAHARI						
NATIONAL SKILLED NURSING CARE WEEK						
21	22	23 143 Day	24	25	26	27
28	29 Memorial Day	30	31	1	2	3



SpiriTrust Lutheran®, The Village at Sprenkle Drive: Daun Metzler harvests raspberries from the community garden. About a dozen residents volunteer their time each spring and summer to prepare their community garden for planting. During this period, they nurture the plants; harvest the produce; and staff a weekly produce stand. Proceeds are donated to SpiriTrust Lutheran® and local non-profit agencies. Daun and her fellow volunteers give us hope because they selflessly and tirelessly nurture and tend to this garden for the benefit of others.



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JUNE

ALZHEIMER'S & BRAIN AWARENESS MONTH

MAY 2023						JULY 2023							
1	2	3	4	5	6						1		
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

*Begins at sundown of prior day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6 D-Day	7	8	9	10
11	12	13	14 Flag Day Career Nursing Assistant Day	15	16	17
NATIONAL NURSING ASSISTANT WEEK						
18 Father's Day	19	20	21 First Day of Summer / The Longest Day	22	23	24
NATIONAL NURSING ASSISTANT WEEK						
	Juneteenth					
25	26	27	28	29 Eid al-Adha*	30	1



Menno Haven (Chambersburg): "The Rock Steady," a cardboard boat named after the Rock Steady Boxing program that fights against Parkinson's Disease, won the fastest boat competition in our Annual Cardboard Boat Regatta. Demonstrating the spirit of togetherness, a team of our residents and staff constructed and piloted the boat to victory. After a three-year hiatus due to COVID, the return of this popular regatta reminds us that hope is real. If we can combat a pandemic, we can do anything!



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JULY

NATIONAL ICE CREAM MONTH

JUNE 2023										AUGUST 2023						
				1	2	3					1	2	3	4	5	
4	5	6	7	8	9	10				6	7	8	9	10	11	12
11	12	13	14	15	16	17				13	14	15	16	17	18	19
18	19	20	21	22	23	24				20	21	22	23	24	25	26
25	26	27	28	29	30					27	28	29	30	31		

**Begins in evening of prior day*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 Gorgeous Grandma Day Parents' Day	24	25	26	27 National Korean War Veterans Armistice Day	28 Ashura*	29
30	31	1	2	3	4	5



Fellowship Community (Whitehall), Lehigh Valley: Fellowship Community residents hosted a pep rally for our local Whitehall High School Football team. The rally was inspirational for both the team and our residents as they formed an intergenerational bond and mutual respect giving us hope for a future without ageism.



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AUGUST

NATIONAL WELLNESS MONTH

JULY 2023

SEPTEMBER 2023

							1							1	2
2	3	4	5	6	7	8		3	4	5	6	7	8	9	
9	10	11	12	13	14	15		10	11	12	13	14	15	16	
16	17	18	19	20	21	22		17	18	19	20	21	22	23	
23	24	25	26	27	28	29		24	25	26	27	28	29	30	
30	31														

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7 Purple Heart Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21 National Senior Citizens Day	22	23	24	25	26 Women's Equality Day
27	28	29	30	31	1	2



Lima Estates, An Acts Retirement Community (Media): Mary Lou Grant sees hope for our future in this beautiful Monarch butterfly delicately perched on her hand.



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SEPTEMBER

HEALTHY AGING MONTH | NATIONAL WORKFORCE DEVELOPMENT MONTH
 NATIONAL SENIOR CENTER MONTH | NATIONAL PREPAREDNESS MONTH

AUGUST 2023											OCTOBER 2023										
6	7	8	9	10	11	12					8	9	10	11	12	13	14				
13	14	15	16	17	18	19					15	16	17	18	19	20	21				
20	21	22	23	24	25	26					22	23	24	25	26	27	28				
27	28	29	30	31							29	30	31								

*Begins in evening **Ends in evening ***Begins evening of prior day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5 International Day of Charity	6	7	8	9
10 Grandparents' Day	11 Patriot Day / National Day of Service and Remembrance	12	13	14	15 Rosh Hashanah*	16
NATIONAL ASSISTED LIVING WEEK						
17 Rosh Hashanah ends**	18	19	20	21 International Day of Peace	22 Falls Prevention Awareness Day	23 First Day of Autumn
FALLS PREVENTION AWARENESS WEEK						
NATIONAL REHABILITATION AWARENESS WEEK						
24	25 Yom Kippur***	26	27 Mawlid al-Nabi***	28	29 Sukkot*	30
NATIONAL REHABILITATION AWARENESS WEEK						



Pine Run Retirement Community (Doylestown): At 93 years young, Phyllis Carroll was the first Pine Run resident to board the tethered hot air balloon that visited our campus in September 2022. Phyllis shared that "I saw my first hot air balloon when I was three years old. My dad said I needed to grow up before flying in one. It only took 90 years before I got my chance!" New experiences and adventures at any age give us hope!



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OCTOBER

RESIDENTS' RIGHTS MONTH | NATIONAL PHYSICAL THERAPY MONTH

SEPTEMBER 2023

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

NOVEMBER 2023

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

*Ends in evening

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 International Day of Older Persons	2	3	4	5	6 Sukkot*	7
MENTAL ILLNESS AWARENESS WEEK						
8	9 Columbus Day Indigenous Peoples' Day	10 World Mental Health Day	11	12	13	14
15 Global Handwashing Day	16 Boss's Day	17	18	19	20	21
22	23	24	25	26	27	28 Make a Difference Day
SPIRITUAL CARE / PASTORAL CARE WEEK						
29	30	31 Halloween	1	2	3	4
SPIRITUAL CARE / PASTORAL CARE WEEK						



Meadowood Senior Living (Landsdale): Former equestrian, Sue Schrogie, takes part in Meadowood's Equine Therapy pilot program at a nearby farm. The program evokes a beacon of light and hope for our memory care residents who participated.



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NOVEMBER

LONG TERM CARE AWARENESS MONTH
 NATIONAL HOME CARE & HOSPICE MONTH
 NATIONAL HOSPICE & PALLIATIVE CARE MONTH

OCTOBER 2023

1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30 31

DECEMBER 2023

1 2
 3 4 5 6 7 8 9
 10 11 12 13 14 15 16
 17 18 19 20 21 22 23
 24 25 26 27 28 29 30
 31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5 International Volunteer Managers Day Daylight Saving Time ends	6	7 Election Day	8	9	10	11
LEADINGAGE ANNUAL MEETING + EXPO CHICAGO					Veterans Day (observed)	Veterans Day
12 Diwali	13 World Kindness Day	14	15	16	17	18
19	20	21	22	23 Thanksgiving	24	25
26	27	28 Giving Tuesday	29	30	1	2



Foxdale Village (State College): Jo Dixon performs in the Foxdale Follies to usher out the old year and celebrate her hopes and dreams for the new year. **Photo credit: Jessica McKeon**



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DECEMBER

NOVEMBER 2023

	1	2	3	4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JANUARY 2024

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

*Begins in evening

**Ends in evening

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3 First Sunday of Advent International Day of Persons with Disabilities	4	5 International Volunteer Day	6	7 Chanukah begins* Pearl Harbor Remembrance Day	8	9
10	11	12	13	14	15 Chanukah ends**	16
17	18	19	20	21 First Day of Winter	22	23
24 Christmas Eve	25 Christmas	26 Kwanzaa begins	27	28	29	30
31 New Year's Eve	1 Kwanzaa ends	2	3	4	5	6

LeadingAge® PA



January



February



March



April



May



June



July



August



September



October



November



December

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